

IFOMPT Newsletter - December 2011



Dear Member Organization & Registered Interest Group Delegates and Special Friends

Welcome to the new delegate for New Zealand, Steve White, as Wayne Hing has had a change in his work place and is now working at Bond University in Australia. Thank you Wayne for all your work as the NZ delegate – you will be missed at the meetings and Steve, we look forward to working with you and introducing you to the MO delegates in Quebec next year.

Welcome also to Aaran Leung in Hong Kong, who has taken over from their long standing delegate Agnes Chan. Thank you Agnes, for your many years as delegate for Hong Kong, and welcome back to IFOMPT Aaran. Many of you will know Aaran as a past Standards Committee member of IFOMPT, so he comes with a wealth of experience.

Finland will also have a new delegate in January, so welcome to Sari Kallela who is taking over from long term delegate, Olli Aranko. Olli has been a wonderful delegate over many years and we have valued his contribution to IFOMPT. Andreas Gattermeier will be Austria's delegate in January, taking over from Niels Ruso as a rotating delegate within their MO. Niels will continue to help with website management, so will be in touch with us all over the time Andreas is delegate.

President's Report - Annalie Basson

It is hard to believe that another year is almost at an end! We have all been very busy over the first half of the year preparing for the WCPT conference in Amsterdam. We had a successful meeting with the MO's that were present. Two IFOMPT focused symposia were presented and were very successful.

We collaborated with the International Federation of Sports Physiotherapists to present a workshop on "Clinical reasoning". This was very well attended and we generated some welcome funds – thank you Erik and your group.

As a subgroup of WCPT our membership must be confirmed at each General Meeting. This means that WCPT check the status of all our MO's, etc. We had some problems with the Belgian parent body and subsequent meetings and correspondence. The Belgian group have been working hard and it seems as if they will be able to work out a solution with their parent body. As recognition from the parent bodies is required by WCPT, I would like to urge you to maintain a good relationship with your parent body. The subgroups have had a meeting with WCPT and they have stated their support of the subgroups.

We are looking forward to our tenth IFOMPT conference in Quebec City at the beginning of October 2012. We have had interest to bid for the 2016 conference from three MO's, namely Australia, Spain and the UK. The new bidding procedure will be followed and according to the outline, the results will be known by the 15th of July 2012.

As previously advised, we are planning to have a strategic planning meeting and teachers meeting in 2013. We had expressions of interest to host from Spain and the USA, and after developing a set of criteria, Executive has decided that the USA will host these meetings. So please diarise 16 - 20 October 2013 to meet in Cincinnati, Ohio, USA. These meetings will be held in conjunction with the annual AAOMPT meeting.

We hope to have some nominations for the newly established Maitland award. A call for nominations for this award and the David Lamb award will be sent to MOs in January. The elections committee have also been busy and this newsletter will have some news from them.

In the Southern Hemisphere we are looking forward to a lovely summer break. I wish you all a blessed festive season. I look forward to working with all of you in 2012 and to meet with you at the conference in Canada.

Experience is the child of thought, and thought is the child of action. Benjamin Disraeli

Treasurer's Report – Erik Thoomes

With little over a year to go, we are also financially preparing for the 2012 conference in Québec, Canada. The organising committee is providing us with feedback on their budget and together with Vicki Reid from the IFOMPT office we are booking low cost meeting rooms, so both the Standards Committee as well as the Executive Committee can have fruitful meetings on the days prior to the conference. This is in line with our goal of making it possible for the Standards Committee and the Executive Committee to meet face to face annually.

We are always looking towards additional sponsorships from the Universities at which some of the SC and EC members are employed, and we quietly hope that some MOs will continue to be able to offer some form of support in this way.

A driving force for MO support is being able to attend ECE meetings in non major years, with the next one in 2013 and 2014. The Executive Committee as well as the Standards Committee need the ability to attend, as it is important and is politically useful.

Prior events as well as meeting at the WCPT 2011 meeting established an increased sense of connectiveness and it helped in keeping (potential) problems less volatile as they were more easily and openly discussed. The ability to meet face to face once a year should be aimed for, as the value for money is enhanced by the work we do. The nature of communication and how we do our business has evolved and we hope it is evident in the amount of the work we get done.

Website Report – Michael Ritchie

The IFOMPT website has had fewer hits, as expected, following WCPT in Amsterdam. However, this will be changing with the upcoming IFOMPT 2012 conference in Quebec City. Updates for activities, events, presentations, etc will be placed on a separate section of the website, and will be updated by Vicki Reid, Niels Ruso, and Anders Nygård. It is anticipated that we will be taking advantage of social networking resources such as Facebook, Twitter, photo sites, etc in the future.

Over the next several months, I will be recruiting a person to take over the website as my term as an IFOMPT executive member ends in Quebec. My feeling is that it is best that an IFOMPT executive member is the IFOMPT website administrator, that way the person administering the site has a good sense of the needs of IFOMPT, and can adapt the site to new needs. This person must be comfortable with computers and websites, but it is not necessary to have an intimate knowledge of website design. The new

website was designed to be easily edited and modified, I have prepared learning modules to get started with editing and administration. As well, I am willing to be a consultant and assistant to the next administrator.

Education / Research Report – Duncan Reid

Teachers meeting IFOMPT Conference 2012

The planning for this is underway and you all should have received a letter from the office outlining the themes for the teachers meeting. The date is set for the 29th September. The feed-back from the previous meetings has been taken on board and we are endeavouring to have a mixture of theory and practical sessions. The proposed main themes will be clinical mentorship and the delivery of safe techniques for the cervical spine. Please consider submission around these topics. The IFOMPT conference website is going to have a section for teachers to register for this meeting. The criterion for attendance is that teachers must be involved in the delivery of the curriculum in the IFOMPT accredited programme in that country.

Within the actual conference planning is also to have another symposium on spinal manipulation with an emphasis on the thoracic and lumbar region. This is also likely to be more practical in nature. This should build on the WCPT conference symposia and also complement the teachers meeting.

ICON study

All the MO's will have received the link to the ICON study being hosted out of Canada. IFOMPT is a major supporter of this project and to our knowledge this is the first study of its kind to try and capture information on the management of neck pain from a world-wide perspective and across all the disciplines that are involved in the management of patients with neck pain. We would encourage your members to follow the link provided to you in a previous email and register for this study.

Research Reviews

We have had a positive response from some MO's who are keen to assist with the development of a research review document that provides clinicians with a quick overview of recent research in the manual therapy world. We hope to get the first version of this out to all MO's in 2012.

Cervical Screening Document

The standards committee and a key team of researchers have done a great job on the **International Framework for Examination of the Cervical Region for potential of Cervical Arterial Dysfunction prior to Orthopaedic Manual Therapy Intervention.**

Authors: Rushton A, Rivett D, Carlesso L, Flynn T, Hing W, Kerry R. This has been circulated to the MO's for final feedback and we look forward to the adoption of this document as an international consensus document. It will be a great tool for ensuring consistent information to the students in the OMT programmes around the world.

Communication and Executive Committee Member Report – Ken Olson

As an IFOMPT executive committee member over the past 3+ years, I have taken the lead in agenda items related to the IFOMPT newsletter and the IFOMPT constitution revisions. Although the past few newsletters have included a survey of MOs on professional issues, our intent is to have one newsletter per year to have a common theme and the second one to primarily focus on reports from each MO. Therefore, this newsletter is a report newsletter.

After another review process of the IFOMPT constitution with input from Anita Gross, Heather Nicol, Alison Rushton, and Annalie Basson, we are very close to having a final document that can be voted on at the general meeting in Quebec at the IFOMPT general meeting in October 2012. Once these final editorial changes are complete, the document will be redistributed to the MO delegates for consideration at least 4 months prior to the general meeting with a goal to have it out to the MO delegates by May 15, 2012. The plan is to vote on the new document in its entirety to replace the old constitution.

The executive committee feels that since we have spent 4 years working on the revisions and have allowed for input and comment on the proposed changes with 2 extensive on-line forums and 2 previous MO meetings held during EC meetings, that there has been ample opportunity to resolve any controversial issues. Therefore, voting on the new document as a replacement of the old constitution is the most appropriate and least confusing way to endorse the new, revised constitution.

I also want to thank all the MO delegates who have shared their constitutions with IFOMPT, especially those member organizations that had to translate their constitution to English. Over the next several months, I will begin reviewing the constitutions in order to develop a template of a model constitution for manual therapy organizations that wish to form umbrella groups. If any MO delegates are interested in helping me with this project, please let me know.

The IFOMPT executive committee would like to encourage the development of umbrella manual therapy organizations within a country as the manual therapy educational group transitions from a registered interest group of IFOMPT to a full voting member organization. The sooner an umbrella group can be formed within the evolution of a member organization, the less conflict will likely arise later within the country.

Report from the Standards Committee – Dr Alison Rushton

The Standards Committee (SC) have been busy since meeting in Amsterdam, continuing their work on key educational issues, particularly international monitoring (IM).

Short and long term action points from Amsterdam

The SC are working through a list of action points following Amsterdam that are detailed below for information. Many relate to the agreed changes regarding international monitoring as well as improving resources for MOs in responding to issues raised in the IM workshop.

International Monitoring

IM continues to keep the SC busy through processing first and second submissions. The first submission from Japan has been submitted since Amsterdam, as has the second submission from Norway.

Implementation of Standards Document 2008

Thank you for your responses regarding the implementation of the 2008 Standards into all programmes. We are currently reviewing the submitted information to then follow through on any outstanding issues using the IM processes.

IFOMPT International Standard for examination of the cervical region

The hopefully final draft of the cervical document is out to MOs for their review and approval. We look forward to receiving your comments.

Please remember that the SC is here for advice and guidance on all educational issues and in particular to provide support to assist your development as an MO.

Best wishes for a wonderful Christmas and New Year and we look forward to seeing you all again in Quebec City in 2012!

Dr Alison Rushton (on behalf of the Standards Committee)

Action points for SC re International Monitoring (IM): October 2011

| No | Action required (EA = External Assessor) | Deadline for completion | SC member |
|-------------------------------------|---|-------------------------------|--------------|
| Short term actions required | | | |
| 1 | Further define the credentials of the EA (including what constitutes "independence") and the requirements of their role. External Assessor reports will be required for a maximum period of 2 years rather than yearly. Over a 6 year period a minimum of 3 External Assessor reports will be required from each programme. The working of the EA will be clarified to reduce the burden / costs being experienced by some EAs for the MO. [Requires discussion with action 4] | 30/11/11 | APH +JP |
| 2 | Development of a guidance template for MOs to complete for their first IM submission (the template can then be used alongside the existing resources to support preparation for the submission: Standards Document part B, article Manual Therapy, letter from SC). [Requires discussion with action 3] | 30/11/11 | LM |
| 3 | Development of guidance template for MOs to complete for second and subsequent IM submissions (particularly to provide further guidance on what evidence is required for the submission). The IFOMPT IM submission will be required every 6 rather than 3 years once a MO has established their processes. [Requires discussion with action 2] | 30/11/11 | DR |
| 4 | Development of a guidance template for EA reports to further guide MOs based on experiences so far. In particular this will require clarification of the independence of the EA and evidence for their evaluation to be provided. The requirement for the EA is that they have a 'feel' for the whole programme each time they write their report. This supports the EA in sampling material, coursework and data regarding the programme rather than needing to look at everything. The means of evaluation by the EA can be varied e.g. unedited video may be a means of observing assessment processes. The EA report is required for a maximum period of 2 now rather than 1 year. [Requires discussion with action 1] | 30/11/11 | KB +JL |
| 5 | Development of blank templates for SC letters for responding to first and subsequent IM submissions. | 30/11/11 | AR |
| Longer term actions required | | | |
| 6 | Establish area of website in collaboration with MR/VR to provide examples of good practice as a resource e.g mapping of IFOMPT standards from Ireland. [Requires discussion with actions 8 and 11] | 31/1/12 | LM |
| 7 | Provide a brief glossary of terms not used in the Standards Document, to add clarity for MOs (e.g. course in some countries | 31/1/12 | APH |

| | | | |
|--------------------------------------|---|---------|----|
| | can mean a 3-day workshop, rather than the entire programme). | | |
| 8 | Establish area of website in collaboration with MR/VR to provide: <ul style="list-style-type: none"> ✓ Area for uploading EA reports as they are completed (to enable the confidential random checks by the SC). ✓ Website to confirm the educational programme and date of report as it is uploaded. [Requires discussion with actions 6 and 11] | 31/1/12 | JL |
| 9 | To establish a written procedure for uploading information onto website and random checks of EA reports that will take place during the 6 year period. [Requires discussion with action 8] | 31/1/12 | DR |
| 10 | Establish a written procedure for moving to a 6 yearly review of MOs when the SC are happy that all quality processes have been established and that no major 'conditions' from international monitoring exist. | 31/1/12 | KB |
| 11 | Establish area of website in collaboration with MR/VR to provide an area of SC resources for MOs (to include all templates for processes, and some resources from MOs that they have found useful. [Requires discussion with actions 6 and 8] | 31/1/12 | JP |
| 12 | Organise googledocs or equivalent resource in collaboration with MR/VR to facilitate easy access and use by SC. | 31/1/12 | AR |
| Quebec 2012 | | | |
| 13 | Organise workshop during Quebec conference on IM to share experiences. | | AR |
| 14 | SC agenda: Explore how we evaluate the outcomes of IM (so that the value of time and resources invested can be evaluated). | | AR |
| IM processes – issues ongoing | | | |
| | Workshops at IFOMPT conferences to share experiences | | |
| | Review of IM timescales | | |

Call for Nominees – IFOMPT Executive Committee

Dear MO Delegates

As you all know it is very important that the executive board of the IFOMPT is formed by inspiring Manual therapists who have a strong commitment to Manual Therapy and especially to the international organization of Manual Therapists: IFOMPT. It is crucial that the executive board is always represented by members helping IFOMPT with their skills and expertise. Since some of the executive board members are at the end of their term, we as election committee want to inform you on the possibility to apply for this very important job.

Just to give an outline of the functions:

The president is responsible for the leadership role and overall operation of IFOMPT, working with the office manager, chairing meetings, being the IFOMPT representative at WCPT meetings / conference, working with the Chair of the SC on educational issues, ensuring constitutional requirements are met and guiding IFOMPT in following the Strategic Plan and updating it as necessary in consultation with the Executive and MOs. A very important job!

The vice president is responsible for liaising with the conference organising committee and approving budgets and planning for the 4 yearly conference, covering when President may be unavailable and offering input and support as queries arise.

The treasurer is responsible for the annual budget of IFOMPT, ensuring income and expenditure is at acceptable levels and increasing subscription fees as required, signing off monthly accounts for payment in conjunction with the office manager and liaising with the auditors as required

The secretary is responsible for communication within the office, in consultation with the office manager and has to respond to queries in a timely manner.

Executives have to be present at Executive meetings as required, mentor / assist RIGs as allocated in geographic areas and do duties as allocated by the President.

Particular strengths of each executive member will be utilised to ensure optimal covering of all necessities. All the executive board members have to be sensitive in handling confidentiality and be very good in communication with people. Each member of the executive committee has a portfolio for which it is responsible, which includes working with the MO delegates responsible for the portfolio.

There are requirements for executive board candidates.

The candidate should be a qualified MT and a registered member from an IFOMPT Member Organisation, have experience in working in larger organisations and have experience in organisation. The candidate should demonstrate the ability to speak and present in national and international forums or debates and previously have held office in national PT or OMT or similar / affiliated organisations or committees.

Of course the candidate can speak and write English efficiently. The candidate should be able to respond to Email correspondence swiftly. Skills in diplomacy and communication are a necessity as well as a high sense of impartiality and integrity. Of course affiliations that might threaten, imbalance or preclude the independence and integrity of that candidate will be checked.

If you think that you are the person for one of the above described functions, or know someone who is most suitable please send an email to Vicki Reid admin@ifompt.org

We, as election committee, will contact this person for further information. More precise information about the job description and requirements can be found in the governance manual on the website www.ifompt.org

So look around and let us know!!
Fiona Morrison, Heather Nicol and Annelies Pool

Member Organisation Reports

Australia: Darren Beales

Hello All. We have all just recovered from our biennial national conference. We were able to present a fantastic line up of the latest research in musculoskeletal physiotherapy, but balance this with excellent clinical content. One very popular and well received session was a series of practically bent case presentation from Specialist Musculoskeletal Physiotherapists. This allowed participants to gain insight into the thought processes of advanced practitioners. Progressing this forum from a pre-conference workshop at our last conference to a part of the conference itself was a fantastic initiative. I would encourage other countries to consider these types of sessions at their conferences if they do not already.

Well done to Peter Osmotherly and the rest of the scientific committee.

In another initiative, to gain insight into advanced clinical reasoning MPA has started a project that will bring expert physiotherapists thought processes to our members via the Australian Physiotherapy Association's online learning platform. Selected clinical experts are being videoed performing a patient evaluation and initial treatment. They are then interviewed about their thinking during that patient session. The first of these should be available online to our members next year.

In our non-conference years we have run a series of very successful national tours. Over the last 6 years this has been Peter O'Sullivan, Brian Mulligan and last year

Shirley Sahrman. We are pleased to announce Jenny McConnell will be our national tour presenter in 2012. This will be a fantastic opportunity for our members to see a true innovator of the profession.

Darren Rivett will be standing down as our national chair after 4 years. Thank you to Darren for all his efforts over many years. Stepping up in Darren's place is James Debenham.

That's all folks!

Austria: Niels Ruso

Austria has been, and still is, very busy with our first monitoring process. We currently have 2 Master classes running simultaneously at the Danube University in Krems/ Austria and another Master program near Hannover/ Germany. The program in Germany is in cooperation with a German Institution.

As of January, 1st 2012, Andreas Gattermeier will be taking over the MO position from Niels Ruso. Niels is going to stay in close contact with the IFOMPT, as he is also partly responsible for maintaining the IFOMPT website.

Belgium: Axel Beernaert

No report received.

Canada: Anita Gross

We held our national symposium in partnership with the Canadian Physiotherapy Association (CPA) National Congress and the Orthopaedic Division in Whistler, British Columbia in July 14th to 17th, 2011. This interchange between divisions gave us an opportunity to share our quality research with other divisions. Our first recipient of our new research fund held by the Physiotherapy Foundation of Canada – CAMPT Founders Award was presented to Lisa Carlesso.

The CPA Guidelines for Clinical Specialty Program were put in place in June 2011 following a successful pilot. We believe this will have a positive impact on physiotherapy as Specialization evolves in Canada. Canada has successfully completed its second round of monitoring for IFOMPT Standards in 2011. We have two programs in Canada – one university based and the second based in the Orthopaedic Division of the Canadian Physiotherapy Association.

CAMPT continues to support the advancement of knowledge translation by sending e-blasts of critical reviews of research to our members. We held our yearly OMT course update on advances of prognostic tools in neck pain by Dr Dave Walton.

Our biggest task however is preparation for **IFOMPT 2012: Rendez-vous of Hands and Minds** in Québec City. We are now under one year away! The Conference courses are now posted. Look for the Calls for Abstract, Symposia, and Workshops on our website. The CLOSING DEADLINE for Scientific Conference submissions is Jan 15th 2012. In early January, you will be able to access early bird registration and booking of HOTELS – the Hilton Hotel is the Conference home base. Book early to achieve MAXIMUM SAVINGS not only on hotels but on conference fees and entertainment! IFOMPT 2012 planning is going well. As we follow our critical path to a successful conference, you as IFOMPT member organizations need to spread the word to your membership. We have linked with our US counterparts (AAOMPT) welcoming their national OMT conference meetings to be held during IFOMPT 2012. This link will ensure a strong North American presence.

Rendezvous of Hand and Minds in Quebec City for IFOMPT 2012 – Sept 29 to Oct 5 2012 - is well underway, put it into your agenda.
SPREAD THE OMT WORD!

Denmark: Jeppe Thue Andersen

2011 was another busy year for the Danish Musculoskeletal Physiotherapist Association (DMPA). In an ongoing process our group has been working on implementing the 2008 IFOMPT standards. Even though the process at times has been demanding, there is a general feeling in DMPA that it has been worth the effort and has helped to improve the standards of our program. Denmark has now completed the first phase of the monitoring and will continue the work to fulfill the criteria for the second phase.

DMPA has also been involved in a working-process with our national body, regarding our national specialization. The current specialization criteria, for all subgroups in the physiotherapy field, have been formed by the national physiotherapy body. With the involvement in the current working-process, DMPA hope to influence the criteria to be met, to be acknowledged as a musculoskeletal specialist in Denmark.

Another significant task for the DMPA in 2011 was the planning of the Nordic Musculoskeletal Congress in Copenhagen, in September, with participants and speakers from Denmark and abroad. As always such a congress is inspiring, as it is a forum to meet with colleagues, networking and getting professional updates. Therefore we are also looking forward to seeing many of you in September 2012, in Quebec.

Finally DMPA want to wish our international colleagues a very Merry Christmas and a happy and New Year.

Finland: Olli Aranko

Greetings from Finland. Year 2011 has been good for us and we have continued increasing the amount of courses and especially with visiting international teachers. So far it looks like that will also be the case in 2012.

In our General Meeting on November 11th we will vote for a new president and of course a couple of new members to our executive. We have also begun to recast the biggest tasks that there is in our association. That leads also to a new IFOMPT delegate, vice president and contact person for international teachers invited to mention a few of them. We'll announce the names right after we know them.

There are also some changes going on with our OMT courses which will take place with the next starting course (OMT 2012 – 2014). The biggest is that we will have only one program running in both places, Helsinki and Oulu (Kouvola will have a break in taking students). That has been the aim for the last five years and now we can execute it. I wish you all the best!

Olli Aranko, president and IFOMPT delegate until 31.12.2011

Germany: Ralf Schesser

In Germany we have two major projects happening.

The first, we have received feedback from the SC about our first International Monitoring. There are some issues to be done. Therefore the umbrella requested our four groups to provide the missing information. This has to be submitted by the end of February.

The second project is to change the constitution of the umbrella group, the DFAMT. Reasons therefore are tax and financial issues in Germany. With the new constitution a better marketing for OMT will be possible and achievable.

To all of you a happy new year and a good 2012.

Greece: Manolis Manolarakis

These past few months have been quite busy for us. We are proceeding with the Umbrella Group and hopefully in a few weeks the website of Hellas - OMPT will be ready.

We have also been working on the International Monitoring and we believe that very soon we will be ready to begin with the evaluation procedure.

We hope for all of you a MERRY CHRISTMAS AND THE HAPPIEST NEW YEAR!

Hong Kong: Aaran Leung

The Manipulative Therapy Special Group (MTSG) of the Hong Kong Physiotherapy Association (HKPA) has re-elected a new executive committee in August, 2011. The chairperson of the MTSG is now Dr. Arran Leung. The term of office of the new executives is two years.

The MTSG, in its first meeting, has agreed to actively participate in and promote IFOMPT activities. In fact, its first task was preparing the international monitoring document to the IFOMPT. Within a few weeks of assuming office, the document was ready and was submitted in the specified time.

Hong Kong is privileged to receive the kind consent from Dr. Karen Beeton, Associate Head, School of Health and Emergency Professions, University of Hertfordshire, to be the mentor to the MTSG. With her extensive knowledge and experience, Hong Kong looks forwards to work with her on cross-mapping the MSc in Manipulative Physiotherapy, The Hong Kong Polytechnic University to the 2008 IFOMPT Education Standards.

The IFOMPT International Framework related to Cervical Arterial Dysfunction was discussed in the latest MTSG meeting. On adoption, the information on the paper will be disseminated to Hong Kong physiotherapists.

After finding their feet under the table, the new MTSG is now planning an exciting series of education programmes for Hong Kong physiotherapists and to the general public for 2012. One goal of the new MTSG is to participate in the 2012 IFOMPT Congress at Ottawa. In short, MO Hong Kong has reaffirmed her participation and responsibilities in the IFOMPT. MO Hong Kong is looking forwards to an active, cordial, functional and bilaterally-benefitting relation with IFOMPT.

Ireland: Helen French

No report received.

Italy: Davide Albertoni

After 13 years of chairmanship from Guido Frosi, 2011 is the first year of the new President, Davide B. Albertoni. It has been a year of changing, novelties and investments that really improved the number of members. At the moment we have almost 180 members (of which 106 of them are OMT) - that is really a record for our country!

We completely changed the Internet site so that it is now more interactive and it records more information

about members, so they can check their membership status in any moment. We designed and printed a new version of the OMT diploma for all our regular members, and we began to run courses in Manual Therapy.

In September we ran a 2-day course with Christopher Powers (from USA) about Patellofemoral Pain, and in November there was a 2-day course about Manual Therapy and Rehabilitation in Ankle Sprain, with Philip Glasgow (head physiotherapist of Sports Institute of Northern Ireland – SINI).

On the 12-13 of November we held our National Congress, that took place for the first time in Rome. The topic was the primary role of the hip joint in pain syndromes of the lower limb. OMT teachers from the two Universities brought their contributions and we had the pleasure to host Kristian Thorborg, researcher about groin pain from Denmark, and Professor Irene Davis, director of the Spaulding National Running Center and researcher with more than a hundred publications in peer-reviewed journals.

MO Italy, therefore, is working in the right direction to improve the activities and representativeness of the Association, but this year we invested a lot of money and the economic situation is a critical point: we hope next year we can still improve the number of members and control expenses to build a solid economic base for the future and ambitious activities, that could include the bid to host an IFOMPT Meeting or Conference.

Japan: Isamu Sunagawa

We submitted the document on the educational standards for Japan's international monitoring and received feedback from the Standards Committee. We are currently working on the feedback. The first person whom we wanted to be our external assessor turned down our request because of illness, but we appointed another person as our external assessor. We are in the middle of the international monitoring. We will address the international monitoring even harder in collaboration with the external assessor and improve the quality of education and reporting with his help.

We appreciate concerns from all Member Organizations about the Fukushima disaster. Our colleagues went to the devastated area and gave manipulative therapy to afflicted people. They were warmly welcomed by people in the disaster stricken areas.

Netherlands: Annelies Pool

In the last half year, the NVMT has been very busy to meet the IFOMPT standards. Not that the 6 educational programs did not meet the standards, but the largest

problem was that our monitoring process was done by the Dutch Flemish Accreditation Committee (NVAO) once in every 6 years. Together with all schools for Manual Therapy we worked out a monitoring process for every two years done by an external advisor. Evidence for all standards will be checked using a criterialist. The external advisor has to sign a form that all information will not be used and held secret. If any other country would like to view this monitoring list and secrecy form I will be happy to share it.

Furthermore, the NVMT had part in writing a multidisciplinary guideline on low back pain. Although it is written in Dutch, it might be interesting to see the flow diagram. You can find it on the webpage www.cbo.nl look for "richtlijnen".

In our country the amount of MT's is still growing >3400. This is mainly due to the higher tariff. This, however, is changing. So assurance companies will pay less and limit the number of treatments. Last period a lot of meetings have taken place with the assurance companies. I wonder what the limit in number of treatments is internationally?

Coming up is a big feast on 3 December because the NVMT has its anniversary of 30 years!!

With the holidays coming up I would like to wish you all a nice Christmas and a lovely inspiring and great 2012!

New Zealand: Steve White

Wayne Hing, the NZMPA's IFOMPT representative, has relocated to Australia. We would like to thank him for the contribution he made on behalf of the NZMPA over the years and wish him well in his new position as Professor at Bond University. I look forward to taking on this responsibility and hope to serve the NZMPA and IFOMPT as well as Wayne has during his period in this role.

The NZMPA MCEP (Musculoskeletal Continuing Education Programme) courses have concluded for the year and although numbers decreased in the latter part of the year, this decrease was primarily in the Christchurch region and undoubtedly related to the effect that the earthquakes have had on the local economy. The registration process for the 2012 courses is currently underway. A dedicated planning session will take place in mid December where future directions of the NZMPA education program will be considered.

The Biennial Scientific Conference held in Rotorua in August 2011 was well attended and received excellent critique from members. The conference theme was "The Role of Exercise in the Management of Musculoskeletal Pain and Dysfunction". Keynote speakers were Professor Kim Bennell, Dr Alison

Grimaldi and sports scientist Matt Kritz. Each of these speakers ran a workshop either pre or post conference.

An amended NZMPA Constitution was adopted at the 2011 AGM, while the Strategic Plan for the next 5 year period was also approved and is currently being implemented.

The NZMPA was delighted to award Dr Duncan Reid Life Membership of the NZMPA at the AGM in recognition of his outstanding contribution to the Association over the last 20+ years.



Finally, the IFOMPT moderation process of the NZ programs at AUT and Otago Universities is nearing completion. The final report will be submitted to the Standards Committee in March next year.

Norway: Heather Nicol

1. Official Specialisation status for Norwegian Manual Therapists is still under evaluation by the Health Department in Norway. The deadline for their report has been extended from the beginning of December 2011 to 1st February 2012. It appears that the Group of Manual Therapists who are routing for Authorization status have managed to get this on the agenda once again, so the decision may come in 2012.

2. New Health legislation concerning cooperation between levels of care is coming into effect early in 2012. It will regulate the roles of the primary and secondary levels of care. The purpose is to get patients more quickly out of hospital care and received care in their community. Financing will be regulated and some funding taken from the hospitals and redistributed to the Community Health care. There is some concern as it is uncertain if the Community Health Care system is ready to take on these new tasks. We Manual Therapists in Private Practice are a part of Community Health care and the capacity to take on more needy patients is very limited. There is an obvious need for an increase in volume of rehabilitation and treatment services.

We wish you all a very Merry Christmas from the far North!!

Portugal: João Filipe de Vasconcelos Abreu.

No report received.

South Africa: Ina Diener

The Orthopaedic Manual & Manipulative Physiotherapy Group (OMPTG) continued to thrive in 2011. We had a membership growth, and we are now one third of the total Physiotherapy Society membership.

Activities of continuing professional development were presented by excellent international as well as local presenters around the country. The OMPTG takes a broad eclectic approach, learning from clinical experts around the world.

The Group Executive Committee encouraged meetings between graduate university lecturers and post-graduate program leaders to encourage OMT curricula to follow evidence-based and bio psychosocial principles in the assessment and management of neuro-musculoskeletal pain and dysfunction.

Spain: José Miguel Tricás Moreno

It is now one year since the Teachers Meeting, ECE Meeting and 1st OMT-Spanish Congress was held in Zaragoza and OMT in Spain has begun to experience a great development. The Orthopaedic Manipulative Therapy Master is taking place at the moment at the University of Zaragoza, in its Extensive Model. Both levels of the Master, level 1 and level 2 are held over alternate weekends. The number of registered students in the OMT Master at the University of Zaragoza has increased since November 2010, a fact which reflects the great job IFOMPT's Executive and Standards Committee have done and the contribution of all MO Delegates. All this support has been crucial for the development and advancement of Orthopaedic Manual Therapy in Spain. We would like to take this opportunity to thank all of you for your effort and support.

The OMT-Spain Association will organize two one day-courses for physical therapists. The first course will take place on the 17th of December 2011 and will be about "Advanced Cervical Spine Manipulation in OMT". This course is addressed to physical therapists undergoing the OMT Education or those who have successfully completed the Education. The aims of the course are the following: improve clinical reasoning skills in the use of manipulation of the lower and upper cervical spine and improve practical skills in the manipulation procedure, especially regarding high velocity and low amplitude thrusts. A review of premanipulative testing

and safety tests will be performed prior to practicing manipulation techniques. The second course will take place on the 21st of January 2012 and it will approach the integration of "Taping in OMT". Through several clinical scenarios of the lower quarter, different taping techniques will be approached as well as their integration throughout the evaluation and treatment process in OMT.

As it was announced at the I OMT-Spanish Congress, OMT-Spain was working towards the production and publication of the book "Stretching and Self-stretching in OMT". The Spanish edition has recently been finished and we are working at the moment in the translation to the English language. As soon as the translation finishes it will be available in both languages and this will be in early 2012. Another project which will soon be presented is the PhD of one of the Members of OMT-Spain, International Instructor of OMT and Member of the Physical Therapy Researching Unit which title is: "Effects of translatoric grades of movement in patients with hip osteoarthritis". We hope we can share this knowledge with all of you as soon as possible.

Having finalized the process of adaptation of our OMT Educational Programme to the new IFOMPT Educational Standards voted in Rotterdam in 2008, which was presented last October, the Spanish Member Organization is working towards the process of International Monitoring which will take place in first occurrence in 2013.

We are trying to disseminate between all the members of the association and Physical Therapy Institutions all the updates for IFOMPT's conference 2012 in Quebec, Canada. The latest e-blast has been uploaded on our web site as well as a link to the congress web site.

OMT-Spain is collaborating with other associations such as the Spanish Association of Diacutaneous Fibrolysis and the Spanish Association of Clinical Neurodynamics. Derived from establishing contact with the Spanish Association of Diacutaneous Fibrolysis and together with SOMTY (Suomen Ortopedisien Manuaalisen Terapian Yhdistys) the Diacutaneous Fibrolysis course was held in Finland, being the second time this course is held in the Nordic Countries. Together with the Spanish Association of Clinical Neurodynamic and with close collaboration with Michael Shacklock, the University of Zaragoza held the II International NDS Instructors Meeting, which was opened to those physical therapists having undergone the Clinical Neurodynamics postgraduate education who were wishing to start the process of becoming instructors.

Finally, OMT-Spain is trying to spread IFOMPT in Spanish-speaking countries. OMT-Spain has been travelling during this summer to Venezuela, México and Colombia and has started a process of approaching the delegates of these countries, which at this moment are trying to prepare all the documentation to become a Registered Interest Group.

Sweden: Ragnar Faleij

In the fall of 2012 the first Master of Physiotherapy in OMT will start at the most northern university of Sweden, Luleå University of Technology. It will be a two year program, based on the standards of IFOMPT, running part time over four years.

The section is right now also working on transforming the OMT I basic course to a more modern pedagogic model, collecting all the material in a web based learning management system. The goal is to reach all physiotherapy students and new licensed physiotherapists.

The interest for OMT from under graduate Physiotherapy students is greater than ever before. Hundreds of students are attending the information meetings that the OMT-section arrange every semester at the eight universities with Physiotherapy programs in Sweden. The members of the OMT-section are increasing more than ever before in 45 years.

Switzerland: Harry Herrewijn

International Monitoring:

A lot of work and effort has been done the last few months, especially from the ZHAW, to get together everything for International Monitoring. We have delivered it a few weeks ago and are waiting for the feedback on the document.

Masters Education:

In the beginning of next year the students will finish their Master thesis and in June 2012 the first students are finishing their Masters education in Physiotherapy in Switzerland. For our Professional recognition this is definitely a very important step. The next course is about to start in February 2012.

Direct Access

Direct access is becoming more and more an issue in Switzerland. The SVOMP took the lead and we organised a course with Dr. William Boissonnault and Kerstin Lüdtke. With a lot of good feedback we continue to organize further courses in 2012.

Imbursement

Like I wrote in the last newsletter the issue of imbursement for Physiotherapy is still going on. That also means for the recognition of, and the imbursement of manual therapy as a specialism there is a lot to do. No solution has been found until now and it seems to end up that a decision has to be made on governmental level.

Next year is promising to be another interesting and exciting year especially with the IFOMPT congress in Quebec coming up. We are looking forward to it.

We would like to wish all MO's and everybody within IFOMPT a very Merry Christmas and all the best wishes and lots of success for 2012.

United Kingdom: Laura Finucane

IFOMPT bid

We have formed a Bid committee and are busy preparing our submission to bid for IFOMPT 2016. The venue will be Glasgow and the social and research programmes are underway. We look forward to presenting our full bid soon.....watch this space!

Name change

After extensive consultation and voting process we have successfully changed our name from Manipulative Association of Chartered Physiotherapists to Musculoskeletal Association of Chartered Physiotherapists. This has now been accepted by our governing body the chartered society of Physiotherapy.

AGM 2012

Our yearly AGM will be preceded by a Study Day which will be held on Saturday 27th October 2012, at the Brunei Gallery, SOAS in London with Toby Hall as our key note speaker. International delegates are very welcome.

This year we honoured Louis Gifford with an honorary fellowship of the MACP for his outstanding contribution to the Musculoskeletal physiotherapy and the MACP. The MACP wishes IFOMPT and its member organisations a wonderful Christmas and a very happy New Year

Looking forward to seeing you all in Quebec!

USA: Tim Flynn

The American Academy of Orthopaedic Manual Physical Therapists (AAOMPT) had our annual conference entitled *Physical Therapy the Frontline of Musculoskeletal Care* in Anaheim, California, from October 26-30. Over 500 physical therapists attended the conference that included a dizzying array of preconference courses, keynote lectures, breakout sessions, student sessions, committee meetings, business meetings, fellowship recognition ceremony, and numerous networking activities. The research program that includes dedicated poster viewing and a ½ day platform session has skyrocketed as approximately 100 abstracts were submitted to the conference research committee.

Prestigious awards were given to Dr. Joe Farrell as the 2011 recipient of the John McMillan Mennell Service Award and Dr. Ron Schenck as the recipient of the

Kaltenborn "Teach I Must" Award. Dr. Stanley Paris was the recipient of the first Distinguished Lecturer Award.

The 2012 AAOMPT conference will be held in conjunction with the IFOMPT 2012 International Congress being held in Quebec City, Canada from September 30-October 5th, 2012. The AAOMPT membership is extremely excited to head to Canada for what will surely be an outstanding array of scientific content, administrative meetings and social activities. This will be an outstanding opportunity for the AAOMPT members to learn and network with our colleagues from around the world.

The AAOMPT practice affairs committee has been very busy and it continues to work closely with the APTA manipulation workgroup, the APTA-Orthopaedic Section practice committee, and the APTA state governmental affairs department to assist state chapters and individuals confronted with practice issues related to OMPT. The three primary issues dealt with this year have been related to the practice of manipulation, intramuscular manual therapy (i.e. dry needling), and Referral for Profit.

The USA is currently undergoing the IFOMPT standards international monitoring review. The AAOMPT membership is now over 2000 with over 750 Fellows in the Academy. The current leadership is Dr. Bob Rowe-President, Haideh Plock- Vice President, Dr. Elaine Lonnemann- Secretary, and Dr. Chad Cook-Treasurer. The member at large position will be appointed to serve out the term of Haideh Plock who was elected to Vice President.

Photo of Dr Stanley Paris and Dr Tim Flynn at the AAOMPT annual conference panel discussion, Oct. 11



Registered Interest Group Reports:

Iceland: Héðinn Svavarsson

The number of members of the Icelandic MT group has been increasing steadily the last few years and most of the members have gained their postgraduate education either in Australia or Scandinavia.

Discussions about postgraduate study in MT in Iceland have been ongoing and preparations are at the preliminary stage.

This year the correspondence with other MT groups in Scandinavia has increased both via the Web and also with formal meetings.

Our group has regular meetings and clinical evenings and regularly there are foreign guest lecturers and short courses.

Happy Christmas!

Spain: Dr. Ginés Almazan

From the Section in Manual Therapies of the Physiotherapists Spanish Association, I would like to report that, as National Coordinator of this section, I am working with the participation of Spanish experts and International partners making a memory to show you the reality of Manual Therapies in Spain. First point to know, the different methods, techniques and concepts which are the most implemented and developed in our country.

Also in this report, for knowledge of professional Spanish Physiotherapists in general, I'm providing fundamental concepts of each methodology, standard training programs, and number of professionals who practice it.

In this sense, Manual Therapies in Spain, has been developing for over twenty years with great acceptance among physical therapists, and more than 40,000 today, we estimate that over 5,000 are trained in one or more forms of manual therapy.

Also the Section will hold a working meeting in Madrid on 26 and April 27, 2012, coinciding with the celebration of National Physiotherapy Congress of the AEF, called PHYSIOTHERAPY 2.0 "New Studies, New Methods" (www.14congresoaeef.com). I take this opportunity to invite you to this conference.

A target from our section is the development of standards training in Spain, including the International Standards of IFOMPT and different methodologies that include manual therapy, with the sufficient scientific level, present in our country.

Hoping to meet you in Madrid on April, I look forward hearing from you and a Merry Christmas and happy New Year to all.

Dr. Ginés Almazan, FT, National Coordinator Section Manual Therapy of the AEF

From the Office:

We wish you all a wonderful festive season. New Zealand holds its longest annual holiday over the Christmas / New Year period, so the office will be closed from **21st December and will reopen on 9th January**, as I will be off playing golf and enjoying our beautiful beaches. May you all have a happy and relaxing time also in your various parts of the world.

Best wishes

Vicki Reid


IFOMPT Office Manager



Photo is of delegates at the Australian APA conference in October.







September 30th to October 5th, 2012
Québec City, Canada

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Learn about optimal movement strategies with authorities in the field such as **Dr Shirley Sahrmann** (*Movement System Syndromes of the Lumbar Spine and Hip: Interactions and Evidence*), **Dr Annelles Pool** (*Compensation Strategies in Lumbopelvic Instability Patients*), **Gray Cook & Kyle Kiesel** (*Functional Movement Assessment – Implications for the Manual Therapist*) and the exceptional duo of **Diane Lee & Linda Joy Lee** (*Treating the Whole Person – The Integrated Systems – Model for Pain & Disability*).

Improve your skills and stay current in cervical high velocity thrust techniques with **Roger Kerry** (*Cervical Arterial Dysfunction & Beyond : Cervical Spine Complex Differential Diagnosis*), **Erl Pettman** (*Neurovascular and Biomechanical Considerations in Cervical Manipulative Thrust Techniques*) and **Duncan Reid** (*Safety and Comfort in Mobilisation and Manipulation to the Cervical Spine*).


Integrate outcome measures, evidence based practice and clinimetrics into your practice. Attend courses with **Lenerdene Levesque & Erik Thoomes** (*Integration of Evidence and Clinical Decision Making in Everyday Manual Therapy Practice*) & **JJM Pool** (*Clinimetrics in Physical Therapy, a Course on Outcome Measurements*).

The IFOMPT 2012 Organising Committee

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